



# Our Impact in Rensselaer County

Helping children, adults, and families live their best lives

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Northern Rivers Family of Services has served the children, adults, and families of New York state since 1829 with a continuum of home-, clinic-, school-, and community-based, vocational rehabilitative, supported employment, and senior-supporting programs that provide person-centered, trauma-informed solutions to ensure clients live their best lives.

Today Northern Rivers serves more than 900 people each year throughout Rensselaer County.

## Behavioral Health and Crisis Response Services

- ✓ **Mobile Crisis Services** teams are deployed to assist adults, children, adolescents, and their families resolve emotional and behavioral health crisis situations
- ✓ **OnTrackNY**, an intensive support program for young adults dealing with early-onset psychosis
- ✓ **Home-Based Crisis Intervention** provides intensive in-home services for families with children, help them to manage crises, build family relationships, and build life and coping skills

## Community Services

- ✓ **Prevention and Family Preservation**, intensive programs designed to provide in-home support to keep children safely at home with families
- ✓ **Health Home Care Management**, for children, service coordination and support for those enrolled in a NYS Medicaid Health Home
- ✓ **Home- and Community-Based (HCBS) and Child and Family Treatment and Support Services (CFTSS)** provide home and community-based rehabilitative, therapeutic, and peer-driven supports

**Foster Care** provides comprehensive support for foster children, foster parents, and biological family to work toward reunification and permanency goals.

**Residential** and **Education** programs in Albany and Schenectady provide services to clients in Rensselaer County.

## Our Challenge

Residents and students face a spectrum of mental, emotional, behavioral, and social challenges. They are placed with us by their county or school district because they feel we are the right place for them to receive care.

Staff are trained and then receive ongoing training to diffuse conflict and deescalate crises, including Therapeutic Crisis Intervention (TCI) training and Positive Behavior Interventions and Supports (PBIS) training