



School-Based Behavioral Health

The help you need, right down the hall

Amy DiRamio

Chief Officer
Behavioral Health Services
518.431.1650, ext. 1659
Amy.DiRamio@nrfs.org

Emily Frederick

Director
Behavioral Health Center
518.372.9423
Emily.Fredrick@nrfs.org

Katri Noble-Johnson

Director
Behavioral Health Center
518.431.1650, ext.2662
Katri.Noble-Johnson@nrfs.org

Joanne Schneider

Clinical Provider
Behavioral Health Center
518.292.5451
Joanne.Schneider@nrfs.org

By the Numbers

FY 2022-23

- 18,000 counseling sessions
- 3,100 clients & families served
- 40+ staff
- 40 locations

For more than 30 years, Northern Rivers has offered NYS Office of Mental Health-licensed services in schools throughout the region. We work with each district to develop a model that best suits their needs, from locating a standalone office in a school to a package of integrated services involving school personnel.

How We Help

School-based behavioral health offices are NYS Office of Mental Health licensed mental health satellite clinics that Northern Rivers operates within schools designed for schoolage children who have social, emotional, and behavioral needs so that they be successful in school.

Rather than having to travel to a clinician's office, students are seen by a Northern Rivers behavioral health professional right in their own school, saving time and reducing stigma. Additionally, some districts implement a more robust, integrated model that allows Northern Rivers professionals to work directly with school staff to enhance student success.

Our school-based behavioral health offices are open whenever school is in session. Services continue throughout the year including all vacations and summer months.

Services

Licensed mental health professionals provide the following services, both individually and in the classroom milieu:

- Individual counseling
- Family counseling
- Group counseling
- Behavioral intervention
- Family support services
- Case management, psychiatric consultation, and medication management for children are available as complementary services to the counseling

Participating School Districts

In addition to our Behavioral Health Centers, we operate satellite mental health clinics in these area school districts:

- Albany City School District
- Argyle Central School District
- Ballston Spa Central School District
- Burnt Hills Central School District
- Cambridge Central School District
- Capital Region BOCES
- Cohoes City School District
- Guilderland Central School District
- Hadley-Luzerne Central School District
- Hartford Central School District
- Mohonasen Central School District
- Niskayuna Central School District
- North Colonie School District
- Queensbury Union Free School District
- Ravena-Coeymans-Selkirk Central School District
- Schenectady City School District
- South Colonie Central School District
- Stillwater Central School District

**NORTHERN
RIVERS**

*These services are provided by
Northern Rivers Family of Services
and member agencies.*