

Youth ACT Staff Roles

Team Lead	<ul style="list-style-type: none">• Director of Youth ACT program, leading organizational, community, and treatment team meetings regarding the Youth ACT program and youth and families served.• Licensed mental health professional who provides direct clinical services to youth and their family.
Clinician or Counselor	<ul style="list-style-type: none">• Licensed mental health professional who provides direct clinical services to youth and their family.• Uses CBT, DBT, solution-focused therapy, and other evidence-based practices in sessions to address the clinical needs of the child and the complex needs of the family unit.
Nurse Practitioner of Psychiatry	<ul style="list-style-type: none">• Clinical responsibility for monitoring youth's treatment and delivery of clinical services.• Provides psychiatric and medical assessment, treatment, and supervision of medication administration.
Psychiatrist	<ul style="list-style-type: none">• Consulting psychiatrist meets only with the Youth ACT team members to provide clinical consultation and oversight of the youth's clinical treatment.
Clinical Support	<ul style="list-style-type: none">• Provides direct clinical services to youth and their family.• Focuses on skill development to help the youth reach their identified treatment goals.• Lead responsibility for integrating educational and/or vocational goals and services.
Youth Peer Advocate	<ul style="list-style-type: none">• Provides direct services to the youth in their home and community.• Integrates personal lived experience into interactions with youth, educating and practicing healthy skill development.
Family Peer Advocate	<ul style="list-style-type: none">• Parents or caregivers who have personal lived experience raising a child with serious mental health concerns.• Provides support to the caregiver on intervention, de-escalation, crisis management, day to day functioning.
Program Assistant	<ul style="list-style-type: none">• Triage communication between the Youth ACT team and participating families.• Nonclinical member of the team, responsible for managing medical records.