



## How to Get Started

Youth ACT services are available to youth in Albany, Saratoga, Schenectady, Warren, and Washington counties.

Referrals are made through County Single Point of Access (SPOA):

### Albany County

Ashley Lombardo  
518.447.4550

Ashley.Lombardo@albanycountyny.gov

### Saratoga County

Angela J. Braim  
518.584.9030

ABraim@saratogacountyny.gov

### Schenectady County

Lori Bennett  
518.888.6297

Lori.Bennett@schenectadycountyny.gov

### Warren and Washington Counties

Tracy Terry  
518.791.3883

terryt@warrencountyny.gov

### For more information

Matthew Crave  
Chief Officer

Crisis Response Services  
518.982.2152, ext. 1323  
Matthew.Crave@nrfs.org

# NORTHERNRIVERS

Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Northeast Parent & Child Society (founded in 1888 in Schenectady), Parsons Child & Family Center (founded in 1829 in Albany), and Unlimited Potential (founded in Saratoga Springs in 1979). Together we serve more than 18,000 children, adults, and families in more than 40 counties in New York state who struggle with abuse, neglect, trauma, mental health challenges, educational difficulties, career training and employment, and service navigation through an innovative continuum of home-, clinic-, school-, and community-based services, vocational rehabilitation, supported employment, and senior-supporting programs that provide person-centered, trauma-informed innovative solutions to ensure clients live their best lives.

With a 1,400-strong workforce and informed by our nearly 200-year heritage, our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

**Main Office**  
60 Academy Road  
Albany, NY 12208  
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[www.northernrivers.org](http://www.northernrivers.org)

# NORTHERNRIVERS

NORTHEAST PARENT & CHILD SOCIETY  
PARSONS CHILD & FAMILY CENTER  
UNLIMITED POTENTIAL

## Youth ACT

The help your family needs,  
where you are



### Northern Rivers Family of Services

1 Genium Plaza  
Schenectady, NY 12304  
518.426.2600, ext. 1753

375 Bay Road  
Queensbury, NY 12804  
518.426.2600, ext. 2300

[www.northernrivers.org/youth-act](http://www.northernrivers.org/youth-act)

## Is your child...

- ...struggling with serious psychiatric or mental health challenges?
- ...returning home from or at risk of entering inpatient care?
- ...looking for help to work toward independence?



## We Can Help

- Youth ACT can help your family safely maintain youth in your home and community.
- We meet your family where you are, where you need us, and when you need us.
- We build your resource network to help you support youth at home, in school, and in the community – safely and successfully.
- Youth ACT develops pathways to long-term, sustainable success.

## Who We Are

Our Youth Assertive Community Treatment (Youth ACT) team delivers intensive, highly coordinated, individualized services and skilled therapeutic interventions. Youth ACT takes a home and community-based integrated, multidisciplinary team approach to better achieve success and maintain youth at home and in community-based settings.

Our team provides services to children ages 10 to 21 who are at risk of entering or are returning home from high-intensity services, such as an inpatient setting or residential services.



Each youth and family benefits from working with our entire team, including a team leader, clinicians, a nurse practitioner, a peer advocate, and more. Each team member brings unique expertise to build, implement, and maintain a plan for success.

## How We Help

Youth ACT works with schools, probation, hospitals, children's community residences, residential treatment facilities (RTFs), crisis residences, and other mental health providers to safely maintain clients in a community setting as they work toward successful independence, emphasizing the importance of recovery, family, and community- and faith-based supports.

We work in the community, providing support in homes, schools, and other places where youth want and need to be. We work toward successful reintegration by setting and meeting meaningful goals in collaboration with each youth and family.

We're here to help. That includes 24/7/365 on-call support for crisis situations.

### We offer:

- Medication evaluation and management
- Psychiatric assessment
- Clinical counseling and therapy
- Family counseling
- Case management
- Peer support
- Family advocacy
- After-hours on-call support
- School support
- Employment support
- Therapeutic recreation