

# Albany County Community Resources

 <p>Free, confidential support available to anyone in suicidal crisis or emotional distress.</p> <p><b>1-800-273-TALK</b></p>	<p>ALBANY COUNTY <b>Department of Mental Health</b></p> <p>Serving individuals experiencing a psychiatric emergency 24 hours a day, 7 days a week. Provides accessibility to persons in mental or emotional distress</p> <p><b>MOBILE CRISIS/CRISIS UNIT</b> <b>518-549-6500</b></p>	<p><b>Capital District Psychiatric Center</b></p> <p>Psychiatric hospital providing outpatient treatment for children and adults. Along with a Family Resource Center and Community Support Center.</p> <p><b>518-549-6000</b></p>																																																
 <p><b>National Alliance on Mental Illness</b></p> <p>Alliance of local mutual support, advocacy, self-help groups and individual members at-large.</p> <p><b>518-462-2000 x 204</b></p>	 <p><b>Child &amp; Adolescent Mobile Crisis</b></p> <p>Responds to children, adolescents and their families experiencing an emotional or behavioral crisis</p> <p><b>518-292-5499</b></p>	 <p><i>hatas.org</i></p> <p>Providing housing for those with mental illness &amp; 24 hour emergency housing services.</p> <p><b>518-463-2124</b></p>																																																
 <p><i>Communityhospice.org</i></p> <p>Provides expertise in helping family and friends grieve. All of their grief &amp; bereavement programs and services are free &amp; available to everyone.</p> <p><b>518-724-0299</b></p>	<table border="0"> <tr><td>Addiction Care Center Hotline .....</td><td>518.465.5470</td></tr> <tr><td>AIDS Council of Northeastern NY .....</td><td>518.434.4686</td></tr> <tr><td>Albany Police Department (non-emergency) ....</td><td>518.498.4000</td></tr> <tr><td>Albany Rape Crisis .....</td><td>518.447.7716</td></tr> <tr><td>Changes for Life .....</td><td>518.210.4735</td></tr> <tr><td>Domestic Violence Office .....</td><td>518-694-3600</td></tr> <tr><td>Equinox .....</td><td>518.435-9931</td></tr> <tr><td>Equinox Domestic Violence Hotline .....</td><td>518.432.7865</td></tr> <tr><td>Mediation Matters .....</td><td>518.446.0356</td></tr> <tr><td>Northeast Career Planning .....</td><td>518.438.3445</td></tr> <tr><td>518 Peer Connect.....</td><td>518.434.1393</td></tr> </table>		Addiction Care Center Hotline .....	518.465.5470	AIDS Council of Northeastern NY .....	518.434.4686	Albany Police Department (non-emergency) ....	518.498.4000	Albany Rape Crisis .....	518.447.7716	Changes for Life .....	518.210.4735	Domestic Violence Office .....	518-694-3600	Equinox .....	518.435-9931	Equinox Domestic Violence Hotline .....	518.432.7865	Mediation Matters .....	518.446.0356	Northeast Career Planning .....	518.438.3445	518 Peer Connect.....	518.434.1393																										
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 <p><b>American Foundation for Suicide Prevention</b></p> <p><b>AFSP – Capital Region, NY</b> <i>afsp.org</i></p> <p>Information on Survivors of Suicide Loss Support Groups and other survivor resources.</p> <p><b>518-791-1544</b></p>	<table border="0"> <tr><td>Alcoholic Anon/Alcoholic teen Hotline .....</td><td>1.800.344.2666</td></tr> <tr><td>Eating Disorders Awareness/Prevention .....</td><td>1.800.931.2237</td></tr> <tr><td>Families Together .....</td><td>1.888.FAM.TOGH</td></tr> <tr><td>National Child Abuse Hotline .....</td><td>1.800.799.7233</td></tr> <tr><td>National Runaway Hotline .....</td><td>1.800.621.4000</td></tr> <tr><td>NYS Child Abuse Hotline .....</td><td>1.800.342.3720</td></tr> <tr><td>NYS Coalition Against Domestic Violence .....</td><td>1.800.942.6906</td></tr> <tr><td>NYS Coalition against Sexual Assault .....</td><td>518.482.4222</td></tr> <tr><td>NYS Parent Helpline .....</td><td>518.244.5373</td></tr> <tr><td>RAINN (Rape, Abuse &amp; Incest National Network) .....</td><td>1.800.656.4673</td></tr> <tr><td>Substance Abuse Hotline .....</td><td>1.800.662.4357</td></tr> <tr><td>The Trevor Project (LGBTQ suicide prevention) .....</td><td>1.866.488.7386</td></tr> <tr><td>Unplanned Pregnancy Hotline .....</td><td>1.800.648.HELP</td></tr> </table>		Alcoholic Anon/Alcoholic teen Hotline .....	1.800.344.2666	Eating Disorders Awareness/Prevention .....	1.800.931.2237	Families Together .....	1.888.FAM.TOGH	National Child Abuse Hotline .....	1.800.799.7233	National Runaway Hotline .....	1.800.621.4000	NYS Child Abuse Hotline .....	1.800.342.3720	NYS Coalition Against Domestic Violence .....	1.800.942.6906	NYS Coalition against Sexual Assault .....	518.482.4222	NYS Parent Helpline .....	518.244.5373	RAINN (Rape, Abuse & Incest National Network) .....	1.800.656.4673	Substance Abuse Hotline .....	1.800.662.4357	The Trevor Project (LGBTQ suicide prevention) .....	1.866.488.7386	Unplanned Pregnancy Hotline .....	1.800.648.HELP																						
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 <p><b>Mental Health Association</b> <i>in New York State</i></p> <p><b>Albany County</b></p> <p>Promotes mental health, recovery, empowerment and public awareness.</p> <p><b>518-434-0439</b></p>	<table border="0"> <tr><td>Addiction Care Center Hotline .....</td><td>518.465.5470</td></tr> <tr><td>AIDS Council of Northeastern NY .....</td><td>518.434.4686</td></tr> <tr><td>Albany Police Department (non-emergency) ....</td><td>518.498.4000</td></tr> <tr><td>Albany Rape Crisis .....</td><td>518.447.7716</td></tr> <tr><td>Changes for Life .....</td><td>518.210.4735</td></tr> <tr><td>Domestic Violence Office .....</td><td>518-694-3600</td></tr> <tr><td>Equinox .....</td><td>518.435-9931</td></tr> <tr><td>Equinox Domestic Violence Hotline .....</td><td>518.432.7865</td></tr> <tr><td>Mediation Matters .....</td><td>518.446.0356</td></tr> <tr><td>Northeast Career Planning .....</td><td>518.438.3445</td></tr> <tr><td>518 Peer Connect.....</td><td>518.434.1393</td></tr> <tr><td>Alcoholic Anon/Alcoholic teen Hotline .....</td><td>1.800.344.2666</td></tr> <tr><td>Eating Disorders Awareness/Prevention .....</td><td>1.800.931.2237</td></tr> <tr><td>Families Together .....</td><td>1.888.FAM.TOGH</td></tr> <tr><td>National Child Abuse Hotline .....</td><td>1.800.799.7233</td></tr> <tr><td>National Runaway Hotline .....</td><td>1.800.621.4000</td></tr> <tr><td>NYS Child Abuse Hotline .....</td><td>1.800.342.3720</td></tr> <tr><td>NYS Coalition Against Domestic Violence .....</td><td>1.800.942.6906</td></tr> <tr><td>NYS Coalition against Sexual Assault .....</td><td>518.482.4222</td></tr> <tr><td>NYS Parent Helpline .....</td><td>518.244.5373</td></tr> <tr><td>RAINN (Rape, Abuse &amp; Incest National Network) .....</td><td>1.800.656.4673</td></tr> <tr><td>Substance Abuse Hotline .....</td><td>1.800.662.4357</td></tr> <tr><td>The Trevor Project (LGBTQ suicide prevention) .....</td><td>1.866.488.7386</td></tr> <tr><td>Unplanned Pregnancy Hotline .....</td><td>1.800.648.HELP</td></tr> </table>		Addiction Care Center Hotline .....	518.465.5470	AIDS Council of Northeastern NY .....	518.434.4686	Albany Police Department (non-emergency) ....	518.498.4000	Albany Rape Crisis .....	518.447.7716	Changes for Life .....	518.210.4735	Domestic Violence Office .....	518-694-3600	Equinox .....	518.435-9931	Equinox Domestic Violence Hotline .....	518.432.7865	Mediation Matters .....	518.446.0356	Northeast Career Planning .....	518.438.3445	518 Peer Connect.....	518.434.1393	Alcoholic Anon/Alcoholic teen Hotline .....	1.800.344.2666	Eating Disorders Awareness/Prevention .....	1.800.931.2237	Families Together .....	1.888.FAM.TOGH	National Child Abuse Hotline .....	1.800.799.7233	National Runaway Hotline .....	1.800.621.4000	NYS Child Abuse Hotline .....	1.800.342.3720	NYS Coalition Against Domestic Violence .....	1.800.942.6906	NYS Coalition against Sexual Assault .....	518.482.4222	NYS Parent Helpline .....	518.244.5373	RAINN (Rape, Abuse & Incest National Network) .....	1.800.656.4673	Substance Abuse Hotline .....	1.800.662.4357	The Trevor Project (LGBTQ suicide prevention) .....	1.866.488.7386	Unplanned Pregnancy Hotline .....	1.800.648.HELP
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