










Dutchess County Community Resources

 <p>Provides inpatient and outpatient mental health treatment services for children, adolescents & adults.</p> <p>800-888-5448</p>	 <p>Multitude of resources for those with low income.</p> <p>845-452-5104 Ext. 130</p>	 <p>National Alliance on Mental Illness</p> <p>Alliance of local mutual support, advocacy, self-help groups and individual members at-large.</p> <p>845-206-9892</p>
 <p>Provides children's mental health services, child welfare services, and early childhood development programs.</p> <p>845-486-9743</p>	 <p><i>afsp.org</i></p> <p>Information on Survivors of Suicide Loss Support Groups and other survivor resources.</p> <p>914- 610-9156</p>	 <p>Family Services</p> <p>Helping families and individuals help themselves through direct services, collaboration, and advocacy.</p> <p>(845) 452-1110</p>
 <p>Free, confidential support available to anyone in suicidal crisis or emotional distress.</p> <p>1-800-273-TALK</p>	<p>Center for Prevention of Child Abuse 845.454.0595</p> <p>Cornell Cooperative Extension 845.677.8223</p> <p>Department of Health 845.486.3400</p> <p>Department of Social Services 845.486.3000</p> <p>Grace Smith House 845.452.7155</p> <p>Hudson Valley Region Referrals 211</p> <p>Mediation Center of Dutchess County 845.471.7213</p> <p>Teen Parent Program 845.425.1110 x3175</p> <p>The Lunch Box 845.471.2522</p> <p>Vassar Brothers Support Groups 845.454.8500 x72385</p>	
 <p>Serves, empowers, and advocates for persons in need. Provides a multitude of assistance in public services.</p> <p>845-452-1400</p>	<p>Alcoholic Anon/Alcoholic teen Hotline 1.800.344.2666</p> <p>Eating Disorders Awareness/Prevention 1.800.931.2237</p> <p>Families Together 1.888.FAM.TOGH</p> <p>National Child Abuse Hotline 1.800.799.7233</p> <p>National Runaway Hotline 1.800.621.4000</p> <p>NYS Child Abuse Hotline 1.800.342.3720</p> <p>NYS Coalition Against Domestic Violence 1.800.942.6906</p> <p>NYS Coalition against Sexual Assault 518.482.4222</p> <p>NYS Parent Helpline 518.244.5373</p> <p>RAINN (Rape, Abuse & Incest National Network) 1.800.656.4673</p> <p>Substance Abuse Hotline 1.800.662.4357</p> <p>The Trevor Project (LGBTQ suicide prevention) 1.866.488.7386</p> <p>Unplanned Pregnancy Hotline 1.800.648.HELP</p>	
 <p>Albany County</p> <p>Promotes mental health, recovery, empowerment and public awareness.</p> <p>518-434-0439</p>		