





# Ulster County Community Resources

|  |   |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
|--|---|---|---|----------------|---|----------------|--------------------------|----------------|--|----------------|---|----------------|-------------------------------------|----------------|---|----------------|--|--------------|----------------------------|--------------|---|----------------|--|----------------|---|----------------|--|----------------|
|  <p>Provides children's mental health services, child welfare services, and early childhood development programs.</p> <p style="text-align: center;"><b>845-871-1000</b></p>  |  <p style="text-align: center;"><b>National Alliance on Mental Illness</b></p> <p style="text-align: center;">Alliance of local mutual support, advocacy, self-help groups and individual members at-large.</p> <p style="text-align: center;"><b>(845) 206-9892</b></p>   |  <p style="text-align: center;"><b>Ulster County</b></p> <p style="text-align: center;">Promotes mental health, recovery, empowerment and public awareness.</p> <p style="text-align: center;"><b>845-339-9090</b></p> |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
|  <p>Free, confidential support available to anyone in suicidal crisis or emotional distress.</p> <p style="text-align: center;"><b>1-800-273-TALK</b></p>  | <table style="width: 100%; border-collapse: collapse;"> <tr><td>AIDS Information &amp; Testing Sites .....</td><td style="text-align: right;">845.340.3070</td></tr> <tr><td>Alcoholics Anonymous .....</td><td style="text-align: right;">845.294.9000</td></tr> <tr><td>Child Care Council .....</td><td style="text-align: right;">845.331.5197</td></tr> <tr><td>CVAP: Crime Victims Assistance Program .....</td><td style="text-align: right;">845.340.3443</td></tr> <tr><td>First Care Walk-in Medical Center .....</td><td style="text-align: right;">845.691.3627</td></tr> <tr><td>Kingston Mental Health Clinic .....</td><td style="text-align: right;">845.340.4000</td></tr> <tr><td>Legal Services of Hudson Valley .....</td><td style="text-align: right;">845.331.9373</td></tr> <tr><td>Quoridnated Children’s Services .....</td><td style="text-align: right;">845.334.5050</td></tr> <tr><td>Sexual Abuse Hotline .....</td><td style="text-align: right;">518.482.4222</td></tr> <tr><td>Ulster Department of Mental Health .....</td><td style="text-align: right;">845.340.4000</td></tr> <tr><td>Ulster Department of Mental Health .....</td><td style="text-align: right;">845.883.9747</td></tr> <tr><td>Ulster Department of Probation .....</td><td style="text-align: right;">845.340.3200</td></tr> <tr><td>Ulster Department of Social Services .....</td><td style="text-align: right;">845.334.5000</td></tr> </table>                                     |   | AIDS Information & Testing Sites .....      | 845.340.3070   | Alcoholics Anonymous .....                  | 845.294.9000   | Child Care Council ..... | 845.331.5197   | CVAP: Crime Victims Assistance Program ..... | 845.340.3443   | First Care Walk-in Medical Center ..... | 845.691.3627   | Kingston Mental Health Clinic ..... | 845.340.4000   | Legal Services of Hudson Valley .....         | 845.331.9373   | Quoridnated Children’s Services .....      | 845.334.5050 | Sexual Abuse Hotline ..... | 518.482.4222 | Ulster Department of Mental Health .....            | 845.340.4000   | Ulster Department of Mental Health ..... | 845.883.9747   | Ulster Department of Probation .....                | 845.340.3200   | Ulster Department of Social Services ..... | 845.334.5000   |
| AIDS Information & Testing Sites .....   | 845.340.3070  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Alcoholics Anonymous .....   | 845.294.9000  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Child Care Council .....   | 845.331.5197  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| CVAP: Crime Victims Assistance Program .....   | 845.340.3443  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| First Care Walk-in Medical Center .....  | 845.691.3627  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Kingston Mental Health Clinic .....  | 845.340.4000  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Legal Services of Hudson Valley .....  | 845.331.9373  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Quoridnated Children’s Services .....  | 845.334.5050  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Sexual Abuse Hotline .....   | 518.482.4222  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Ulster Department of Mental Health .....   | 845.340.4000  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Ulster Department of Mental Health .....   | 845.883.9747  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Ulster Department of Probation .....   | 845.340.3200  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Ulster Department of Social Services .....   | 845.334.5000  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| <p><b>Family of Woodstock</b><br/><i>familyofwoodstockinc.org</i></p> <p>Provide shelter, counseling, services, case management and more. Available 24 hours.</p> <p style="text-align: center;">Suicide Hotline<br/><b>845-338-2370</b></p> <p style="text-align: center;">Teen Hotline<br/><b>845-331-5565</b></p> <p style="text-align: center;">New Platz Line<br/><b>845-255-8801</b></p> | <table style="width: 100%; border-collapse: collapse;"> <tr><td>Alcoholic Anon/Alcoholic teen Hotline .....</td><td style="text-align: right;">1.800.344.2666</td></tr> <tr><td>Eating Disorders Awareness/Prevention .....</td><td style="text-align: right;">1.800.931.2237</td></tr> <tr><td>Families Together .....</td><td style="text-align: right;">1.888.FAM.TOGH</td></tr> <tr><td>National Child Abuse Hotline .....</td><td style="text-align: right;">1.800.799.7233</td></tr> <tr><td>National Runaway Hotline .....</td><td style="text-align: right;">1.800.621.4000</td></tr> <tr><td>NYS Child Abuse Hotline .....</td><td style="text-align: right;">1.800.342.3720</td></tr> <tr><td>NYS Coalition Against Domestic Violence .....</td><td style="text-align: right;">1.800.942.6906</td></tr> <tr><td>NYS Coalition against Sexual Assault .....</td><td style="text-align: right;">518.482.4222</td></tr> <tr><td>NYS Parent Helpline .....</td><td style="text-align: right;">518.244.5373</td></tr> <tr><td>RAINN (Rape, Abuse &amp; Incest National Network) .....</td><td style="text-align: right;">1.800.656.4673</td></tr> <tr><td>Substance Abuse Hotline .....</td><td style="text-align: right;">1.800.662.4357</td></tr> <tr><td>The Trevor Project (LGBTQ suicide prevention) .....</td><td style="text-align: right;">1.866.488.7386</td></tr> <tr><td>Unplanned Pregnancy Hotline .....</td><td style="text-align: right;">1.800.648.HELP</td></tr> </table> |   | Alcoholic Anon/Alcoholic teen Hotline ..... | 1.800.344.2666 | Eating Disorders Awareness/Prevention ..... | 1.800.931.2237 | Families Together .....  | 1.888.FAM.TOGH | National Child Abuse Hotline .....           | 1.800.799.7233 | National Runaway Hotline .....          | 1.800.621.4000 | NYS Child Abuse Hotline .....       | 1.800.342.3720 | NYS Coalition Against Domestic Violence ..... | 1.800.942.6906 | NYS Coalition against Sexual Assault ..... | 518.482.4222 | NYS Parent Helpline .....  | 518.244.5373 | RAINN (Rape, Abuse & Incest National Network) ..... | 1.800.656.4673 | Substance Abuse Hotline .....            | 1.800.662.4357 | The Trevor Project (LGBTQ suicide prevention) ..... | 1.866.488.7386 | Unplanned Pregnancy Hotline .....          | 1.800.648.HELP |
| Alcoholic Anon/Alcoholic teen Hotline .....  | 1.800.344.2666  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Eating Disorders Awareness/Prevention .....  | 1.800.931.2237  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Families Together .....  | 1.888.FAM.TOGH  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| National Child Abuse Hotline .....   | 1.800.799.7233  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| National Runaway Hotline .....   | 1.800.621.4000  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| NYS Child Abuse Hotline .....  | 1.800.342.3720  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| NYS Coalition Against Domestic Violence .....  | 1.800.942.6906  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| NYS Coalition against Sexual Assault .....   | 518.482.4222  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| NYS Parent Helpline .....  | 518.244.5373  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| RAINN (Rape, Abuse & Incest National Network) .....  | 1.800.656.4673  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Substance Abuse Hotline .....  | 1.800.662.4357  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| The Trevor Project (LGBTQ suicide prevention) .....  | 1.866.488.7386  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |
| Unplanned Pregnancy Hotline .....  | 1.800.648.HELP  |   |   |                |   |                |                          |                |  |                |   |                |                                     |                |   |                |  |              |                            |              |   |                |  |                |   |                |  |                |